

Challenge Minutes log

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

					1 TIME TODAY: _____ TOTAL TIME: _____	2 TIME TODAY: _____ TOTAL TIME: _____	3 TIME TODAY: _____ TOTAL TIME: _____
4 TIME TODAY: _____ TOTAL TIME: _____	5 TIME TODAY: _____ TOTAL TIME: _____	6 TIME TODAY: _____ TOTAL TIME: _____	7 TIME TODAY: _____ TOTAL TIME: _____	8 TIME TODAY: _____ TOTAL TIME: _____	9 TIME TODAY: _____ TOTAL TIME: _____	10 TIME TODAY: _____ TOTAL TIME: _____	
11 TIME TODAY: _____ TOTAL TIME: _____	12 TIME TODAY: _____ TOTAL TIME: _____	13 TIME TODAY: _____ TOTAL TIME: _____	14 TIME TODAY: _____ TOTAL TIME: _____	15 TIME TODAY: _____ TOTAL TIME: _____	16 TIME TODAY: _____ TOTAL TIME: _____	17 TIME TODAY: _____ TOTAL TIME: _____	
18 TIME TODAY: _____ TOTAL TIME: _____	19 TIME TODAY: _____ TOTAL TIME: _____	20 TIME TODAY: _____ TOTAL TIME: _____	21 TIME TODAY: _____ TOTAL TIME: _____	22 TIME TODAY: _____ TOTAL TIME: _____	23 TIME TODAY: _____ TOTAL TIME: _____	24 TIME TODAY: _____ TOTAL TIME: _____	
25 TIME TODAY: _____ TOTAL TIME: _____	26 TIME TODAY: _____ TOTAL TIME: _____	27 TIME TODAY: _____ TOTAL TIME: _____	28 TIME TODAY: _____ TOTAL TIME: _____	29 TIME TODAY: _____ TOTAL TIME: _____	30 TIME TODAY: _____ TOTAL TIME: _____		