

Michigan STAY-CAY Your Way



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Thank you for choosing Michigan for your virtual run/walk vacation! Here is what we have in store for you this month. Check the Facebook group or your e-mail each day for updates and more details!

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

	WELCOME TO THE MITTEN! 1 We can't wait to spend the month with you on a virtual vacation! Let us know where you're joining us from!	HOME OF THE HEAD GOAT! 2 It's the Head Goat's BIRTHDAY! Let's all celebrate with some virtual minutes together!	WATER WEDNESDAY! 3 The Great Lake state is home to the largest freshwater shoreline in the world! Get your minutes in near water!	BRIDGE MINUTES! 4 MI has over 215 historic bridges on state owned road! Try to find a bridge (of any kind) today!	FORE FRIDAY! 5 Michigan has more public golf courses than any other state! Don some golf related apparel today!	STATE SATURDAY! 6 Michigan was the 26th state to be admitted into the union. Incorporate a 2 and a 6 into your minutes today!
DUNE DASH! 7 Michigan has more than 300,000 acres of sand dunes that offer breathtaking views. YUP - it is HILL REPEAT DAY!	MERRY MONDAY! 8 MI is home to Bronner's, the world's largest Christmas store! It's CHRISTMAS IN JUNE DAY!	TRAIL TUESDAY! 9 With over 3,000 miles of multi-use trails Michigan is the number 1 trail state! Log some trail minutes!	PETOSKEY STONE! 10 The state stones of Michigan are made from fossilized limestone. Hunt for some pretty stones today!	PICTURED ROCKS! 11 While Pictured Rocks is a beautiful park in MI... today we're making our own 'pictured rocks' craft!	LION'S, TIGERS, PISTONS, OH MY! 12 We love our MI teams... even when they are bad! Show us your favorite team today!	SNACK SATURDAY! 13 Many well known eats come from the mitten state! Kellogg's, Better Made, Jiffy and more! Try a MI treat!
PAUL BUNYAN! 14 The State of Michigan recognizes Oscoda as the birthplace of Paul Bunyan. Get those minutes in among the lumber today!	MICHIGAN RIVALRIES! 15 UM vs MSU is a big rivalry in Michigan! What's your favorite rivalry? Show some team spirit.	MITTEN BINGO! 16 We'll provide you a BINGO board for your minutes today... How many items can you spot?	WATERFALL WEDNESDAY! 17 MI is home to over 300 waterfalls... Find a DOWNHILL to fly down for your minutes today!	PARK HERE! 18 Michigan is home to 103 State parks! We challenge you to head to a NEW park for your minutes today!	BEER CITY! 19 Grand Rapids, MI was voted "Beer City, USA" in 2012. JOIN US FOR A LIVE HAPPY HOUR!	SIGNS OF SUMMER! 20 June 20th marks the first official day of SUMMER! Kick it off with your favorite summer activity!
SUMMER SOLSTICE! 21 It is the longest day of the year! Go a few extra minutes today... You've got time!	MOTOWN MONDAY! 22 Motown was the most successful soul music label, founded in Detroit by Barry Gordy Jr.!	TWO PENINSULAS! 23 Michigan is the only state consisting of two peninsulas. Try a two-a-day today!	KEEP MOOOO-VING! 24 One of the world's largest Holstein herds can be found in the village of Elsie. Try to spot a cow today! 	TAKE IT TO THE WATER! 25 More than 40% of the state is covered in water, more than any other state. Find some fun new water today!	HEY BIRDY! 26 MI is home to 360 bird species. We're all birdwatchers today! Keep your eyes out for some fun feathers!	SLOPE SATURDAY! 27 Michigan is home to more than 40 ski resorts! Pick a hilly route today!
SANDY SUNDAY! 28 BEACH DAY! With 11,000 inland lakes and 3,300 miles of shoreline- MI knows beaches! Wear your beach best!	MOTOR CITY MONDAY! 29 Detroit is recognized as the historic heart of the American automotive industry. Find a cool car out there today!	LIGHT YOUR RUN! 30 Michigan has 116 lighthouses and navigational lights... Get your minutes in while its dark out and light it up!	OH, CANADA! 1 Michigan shares a 721 mile border with the Canadian province of Ontario. Today is Canada day! Celebrate!	HIT THE ROAD! 2 The World's largest cement plant is located in Alpena, MI! Get your minutes in on some cement today!	FLORAL FRIDAY! 3 Michigan's state flower is the Apple Blossom. Show us some flowers from your minutes today!	INDEPENDENCE DAY! 4